

**Dr Azara Janmohamed**



**Nominee Election Year - 2017**

**Nominee Title & Institution - Consultant Clinical Pharmacology and General Internal Medicine, St George's University Hospitals NHS Foundation Trust**

**Nominee's Personal Statement –**

I am currently a consultant Clinical Pharmacologist and acute and general physician at Imperial College Healthcare NHS Trust (St Mary's and Hammersmith Hospitals). In addition to running hypertension clinics for patients referred from primary care, I am actively involved in the day to day care of patients presenting acutely with hypertension; in my current position, I have developed new and effective pathways utilising the same day emergency care (SDEC) service to avoid unnecessary admissions and facilitate early safe discharge of admitted patients. I will soon (September 2024) be starting a new role at St George's University Hospitals NHS Foundation Trust where I plan to establish acute hypertension clinics within the acute medical unit.

I trained as a Clinical Pharmacologist at St Mary's Hospital with a specialist interest in

hypertension, completing my training in 2019. During this period, I led a quality improvement project on the management of patients presenting acutely with hypertension, for which I was awarded the Royal College of Physicians, Turner Warwick Lecturership for London (2019).

As an acute physician at St George's Hospital and subsequently St Mary's Hospital, I have always strived to ensure that patients presenting with hypertension acutely are managed, investigated and followed-up appropriately and promptly. This is evidenced by my contribution to the oral presentations at the BIHS annual general meeting (2023).

As a supporter of the BIHS (member since 2017) and an advocate for equitable healthcare for all our patients, I believe the Society is well placed to play a pivotal role in the improved detection and management of hypertension through raised awareness, education (of the public and healthcare professionals) and research. My enthusiasm, energy and diverse experience (as an acute physician, Clinical Pharmacologist and researcher, with expertise in pharmacogenomics) places me in a unique position to support the Society's role in leading changes in models of delivery of, and improvements in, hypertension care.

I am keen to continue my close association with the Society and if elected would work

vigorously to support the Society in achieving its aims for equitable and excellent care for patients nationally.

**Nominated by – Dr Neil Chapman**

**Supporting Statement –**

I have known Azara since 2014, initially as her supervisor during her training in Clinical Pharmacology and hypertension and subsequently as a valued consultant colleague.

She applies her enthusiasm, dedication and hard work to her management of patients with hypertension. She has particularly revolutionised the acute care of hypertension at our Trust, developing new pathways that have successfully demonstrated a reduction in admissions and reduced bed occupancy.

She has been an active supporter of the Society and I believe would be a great asset if elected as a member of the Executive committee.

**Supported by – Dr Carmela Maniero**

**Supporting Statement –**

It is a pleasure to support Dr Janmohamed's application as ordinary member of the BIHS executive committee.

I have known Dr Janmohamed for the more than 6 years when we trained as clinical pharmacology registrars, and we have shared enthusiasm and interest in the field of hypertension and cardiovascular medicine since then.

She has successfully developed pathways for the management of acute hypertension at the interface with acute medicine. For this she was awarded the Royal College of Physicians Turner Warwick Lecturership for London in 2019.

Her passion and enthusiasm as a researcher and clinician and her attention to inclusivity and equality would make her an excellent executive committee member.

**Seconded by - Dr Marc George**

**Supporting Statement –**

I would like to support Dr Janmohamed's application become an ordinary member of the BIHS executive.

She has a passion for the management of hypertension, particularly in the acute phase, having pioneered services to support our colleagues in ED and Acute Medicine at St Marys and with an ambition to do the same at St Georges. She is actively engaged in the development of hypertension services across London, through her role in the hypertension advisory group to the cardiology operation delivery network. She will be a key asset to BIHS executive and help drive its important work forward.