**Hypertension Master Class**

**Date:** Thursday, 16th May 2019  
**Venue:** Room HG10, School of Nursing and Human Sciences, DCU Glasnevin Campus

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**Timetable of Events**

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<th>Time</th>
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<tr>
<td>9.15am</td>
<td>Registration</td>
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| 9.30am | **Catriona Murphy**  
Asst Prof, School of Nursing and Human Sciences, DCU  
Welcome, Introduction and Epidemiology of Hypertension in Ireland |
| 9.50am | **Roisin Doogue**  
Practice Nurse, PhD Student, University of Limerick  
Blood pressure measurement and hypertension diagnosis and management using clinic, home and ambulatory blood pressure monitoring |
| 10.30am| **Marese Damery**  
Health Check Manager, Health Promotion, Irish Heart Foundation  
Key messages for hypertension prevention and lifestyle interventions |
| 11.10am| Break                                                                                             |
| 11.30am| **John Cox**  
General Practitioner, Fethard-on-Sea, New Ross, Co. Wexford  
Pharmacological hypertension treatment guidelines and clinical case scenarios |
| 12.50pm| Lunch                                                                                                |
| 13.35pm| **Naomi Stetson**  
Independent Nurse Consultant, British and Irish Hypertension Society  
Ambulatory blood pressure monitoring, patient education and interpretation of output (Group work) |
| 14.55pm| Break                                                                                             |
| 15.10pm| **Ruth Morrow**  
Advanced Nurse Practitioner (Primary Care), Independent Nurse Educator and Consultant  
Setting up a nurse led hypertension service in General Practice |
| 15.50pm| **Catriona Murphy**  
Asst Prof, School of Nursing and Human Sciences, DCU  
Summary, evaluation and close |

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Nursing and Midwifery Board of Ireland Post-Registration Category 1 approved (5 Continuing Education Units)

**Registration fee:** €50

**Register at:** hypertension-2019.eventbrite.ie

**For further information, contact:** catriona.murphy@dcu.ie