Management of Hypertension in Primary Care
Supported by the Edinburgh High Blood Pressure Fund
Workshop (15:00-17:25) and Symposium (19:00-21:00)
9th May 2019

Queen Elizabeth Conference Centre, Royal College of Physicians,
9 Queen Street, Edinburgh EH2 1JQ

In conjunction with:
• The International Society of Hypertension’s ‘May Measurement Month’
• The Scottish Parliament’s Report - Beating High Blood Pressure: Scotland’s Silent Killer, ‘A report by the Cross-Party Group on Heart Disease and Stroke’

No attendance fee, but registration is essential, please select link below!
Management of Hypertension Registration
CPD points applied for

Please state whether you are joining the workshop, symposium or both, and whether you would like to join the Food and Drinks’ Reception (including any dietary requirements)

• Afternoon Workshop – 1500-1725
  • Practical sessions on blood pressure measurement
    All healthcare professionals involved in the management of hypertension welcome, including nursing and pharmacy colleagues!
    Sessions include:
    o Which measurement option to choose and when
    o What to look out for when assessing people with high blood pressure
    o Which treatment options to choose for managing hypertension
    o Assessing and managing poor adherence to pharmacotherapy
    o How to perform (or give advice about) different measurement options to increase confidence in the reading you get
    o When to refer to a specialist hypertension (or lipid) clinic

❖ Food and Drinks’ Reception - 1730-1900

❖ Symposium of expert talks – 1900-2100
  • A symposium of expert talks at the cutting edge of the modern management of hypertension
    • Professor Richard McManus (GP, University of Oxford) – “Should doctors be measuring BP in 2019?”
    • Professor Brian McKinstry (GP, University of Edinburgh) - “Putting evidence into practice: The Scale-Up BP Programme”
    • Dr Iain MacIntyre (Nephrologist, University of Edinburgh) - “Adherence testing, doesn’t it tell us what we already know?”
    • Professor David Webb (Clinical Pharmacologist, University of Edinburgh) - “Horizon scanning in hypertension – the future. New trials and new agents, precision medicine and devices for the management of hypertension”

Organisers: Dr T Caparrotta, Professor D Webb