

## **Management of Hypertension in Primary Care**

**Supported by the Edinburgh High Blood Pressure Fund**

**Workshop (15:00-17:25) and Symposium (19:00-21:00)**

**9<sup>th</sup> May 2019**

**Queen Elizabeth Conference Centre, Royal College of Physicians,  
9 Queen Street, Edinburgh EH2 1JQ**

**In conjunction with:**

- The International Society of Hypertension's 'May Measurement Month'
- The Scottish Parliament's Report - Beating High Blood Pressure: Scotland's Silent Killer, 'A report by the Cross-Party Group on Heart Disease and Stroke'

**No attendance fee, but registration is essential, please select link below!**

**[Management of Hypertension Registration](#)**

**CPD points applied for**

***Please state whether you are joining the workshop, symposium or both, and whether you would like to join the Food and Drinks' Reception (including any dietary requirements)***

- **Afternoon Workshop – 1500-1725**
  - Practical sessions on blood pressure measurement  
*All healthcare professionals involved in the management of hypertension welcome, including nursing and pharmacy colleagues!*  
Sessions include:
    - Which measurement option to choose and when
    - What to look out for when assessing people with high blood pressure
    - Which treatment options to choose for managing hypertension
    - Assessing and managing poor adherence to pharmacotherapy
    - How to perform (or give advice about) different measurement options to increase confidence in the reading you get
    - When to refer to a specialist hypertension (or lipid) clinic
- ❖ **Food and Drinks' Reception - 1730-1900**
- ❖ **Symposium of expert talks – 1900-2100**
  - *A symposium of expert talks at the cutting edge of the modern management of hypertension*
  - - **Professor Richard McManus (GP, University of Oxford)** – 'Should doctors be measuring BP in 2019?'
    - **Professor Brian McKinstry (GP, University of Edinburgh)** - "Putting evidence into practice: The Scale-Up BP Programme"
    - **Dr Iain MacIntyre (Nephrologist, University of Edinburgh)** - "Adherence testing, doesn't it tell us what we already know?"
    - **Professor David Webb (Clinical Pharmacologist, University of Edinburgh)** - "Horizon scanning in hypertension – the future. New trials and new agents, precision medicine and devices for the management of hypertension"