

Affix patient label here

### Clinic Checklist Pre ABPM Monitor Attachment

**Date:**                      **Time:**                      **Monitor Number:**                      **Cuff size:**

<b>Clinic Blood Pressure</b>	Rt arm                      mmHg	Pulse                      bpm
	Lt arm                      mmHg	
<b>ABPM Fitted</b>	Rt arm <input type="checkbox"/> Lt arm <input type="checkbox"/>	BP                      mmHg

If the difference between arms for Systolic is >20mmHg and/or Diastolic >10mmHg, the ABPM should be attached to the arm with the higher reading.

**Prior to attaching Monitor (ABPM) – ask patient the following questions:**

<b>Does the patient take Warfarin tablets?</b> If 'yes' advise patient of increased risk of bruising to upper/lower arm and that if they see this occurring, they should discontinue wearing the ABPM.	<b>YES</b>		<b>NO</b>	
<b>Are there any problems you are aware of which would prevent the patient from wearing an ABPM on a particular arm?(e.g. arm affected by a stroke or mastectomy)</b> If 'yes' advise patient to wear ABPM on the unaffected arm.	<b>YES</b>		<b>NO</b>	
<b>Does the patient have tight-fitting jewelry to the arm chosen for ABPM i.e. watch, bracelet, rings?</b> If 'yes' advise patient to remove them during the procedure.	<b>YES</b>		<b>NO</b>	
<b>Ensure the patient is aware of health &amp; safety implications re monitor, cuff and tubing and work/leisure activities. Patients should be advised to avoid driving whilst ABPM is being worn.</b>	<b>YES</b>		<b>NO</b>	
<b>Is the patient allergic to latex? If 'yes' ensure latex free cuff is fitted.</b>	<b>YES</b>		<b>NO</b>	

<p><b>Attach Ambulatory Blood Pressure Monitor</b></p>	<ul style="list-style-type: none"> <li>Explain correct use of ABPM to patient and give them an ABPM information Sheet.</li> <li>Advise that the ABPM should be discontinued if causing pain or excessive bruising to upper and/or lower arm.</li> <li>Advise that monitor is not waterproof and patient should not get the monitor wet. Inform on cuff positioning.</li> <li>Inform patient of when to return the machine to department and when to ring the department with any questions or concerns.</li> </ul>	<p><b>Signature</b></p>
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Comments